

Adderbury

Stepping - Starting with the Right foot, 2 Double Steps (DS), 2 Single Steps (SS), Feet together Jump (FTJ)

Blue Bells

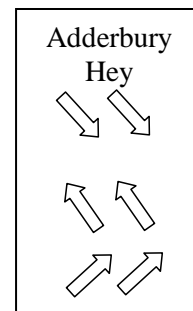
Common Figures (CF) - Sing, Foot Up (FU), Half Hands (HH), Processional Down (PD), Processional Up (PU), Hands Arround (HA), Whole Hey (WH).

Chorus or Distinctive Figures (DF) - Clashing finishing at double speed.

Shorthand

Right Foot Start, 2DS, 2SS, FTJ

Sing, FU, DF, HH, DF, PD, DF, PU, DF, HA, DF, WH



Bampton

Stepping - Starting with the Right foot, 4 Single Steps (SS), 2 Swagger Back Steps (BS), 1 Plain Caper (PC)

The Quaker

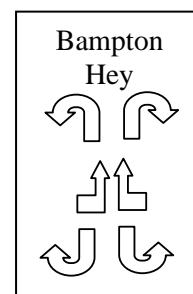
Common Figures (CF) - Once to Yourself (OY), Foot Up (FU), Half Gip (HG), Whole Gip (WG), Half Rounds (HR).

Chorus or Distinctive Figures (DF) - Forward Closed Side Step (FSS) with exaggerated sweep of the right hand followed by a double handed high show followed by 4 steps when everyone turns 180° right to face down. Repeat but on 4 steps face across the set. Half Hey (HH) and repeat.

Shorthand

4SS, 2BS, 1PC

OY, FU, DF, HG, DF, WG, DF HR



Upton on Severn

Stepping - Starting with the Right foot, Double Steps (DS), Stamp Stamp. All common Figures start with Clash and Step Back.

The Upton on Severn Stick Dance

Common Figures (CF) - Morris, Middles Left, Middles Right, Cross and Turn, Whole Hey (Adderbury Style), Morris, Rest, Morris Off..

Chorus or Distinctive Figures (DF) - There are three styles of DF. DF1 Clash Tips and butts 4 times high clash and small ring to the left around your own place and repeat. DF2 the same as DF1 but Pushing. DF3 the same as DF1 except High and Low Clashing.